



How should you Connect with Confidence?

THE FIRST IMPRESSION

- Introductory Greeting
- Initiate the Handshake
- Vocal Tonality
- Dress to Impress
- Put the Phone Down
- Make a Graceful Exit

CONVERSING COMFORTABLY

- Preparation – Asking Open Ended vs Yes/No
- Discovering Common Interests
- Taboo Topics
- A Game of Catch (Back and Forth)

BODY LANGUAGE

- Signs of Interest
- Face to Face / Body to Body
- Eye-Contact
- Smiling/Nodding
- Open Gestures vs Closed Gestures
- Mirroring – The Secret Sauce

THE POWER OF HUMOR & LAUGHTER

- How to have Fun using jokes
- The power of Smiling
- The power of Laughing

ATTITUDE/MINDSET HUMILITY EXCELLENCE

- Mind your Attitude
- Traits of a Good Attitude
- Traits of a Bad Attitude
- Humility Attracts
- Hiding your Ego

ESTABLISHING BOUNDARIES & GROUND RULES

- How to set Boundaries
- The power of saying “NO”
- Sugar-coating your “NO”
- 10 Golden Ground Rules

Competent Connector



- Now you have a clearer picture to know how to become a competent connector, why not try one of my live workshops to see where your skill level is at?
 1. Click on the link below to learn more:
 - [Connect with Confidence Workshop](#)
 2. Also please LIKE my Facebook Page for further tips and news on how you could Connect with Confidence even further! Link Below
 - [Facebook Page](#)